

Goal Prompts for 2026

Something that I've been scared to do:	
Something that is out of my comfort zone:	
Something that I've wanted to do for a long time:	
Something for someone else:	
Something I've been overthinking:	
Something that challenges me:	
Something that 'future me' will thank me for doing:	

Goal Prompts for 2026

Something that I've never done before:	
Something that teaches me a new lesson:	
Something that changes the way I write:	
Something that makes me nostalgic:	
Something that will make someone happy:	
Something for someone random:	
Something that I'll be able to use/read/remember in 10 years:	

Goal Ideas for 2026

1. Send someone a care package	2. Write a novel
3. Go skydiving	4. Buy someone a meal
5. Do a photoshoot	6. Learn a new language
7. Write a letter to my future self and/or future partner	8. Spend a full day offline
9. Have a day out by myself	10. Apply for a job/class/extracurricular
11. Buy a friend/family member a treat just because	12. Write down three things you're proud of every day
13. Go on a trip with a friend	14. Try a new food/cuisine

Goal Ideas for 2026

15. Read one book in one day	16. Take someone you haven't seen in a while out for coffee
17. Build a pillow-fort	18. Start a business or website
19. Do a work-out every week	20. Go to an art museum and write a story based on a piece
21. Have a picnic	22. Write a song
22. Go for a hike by yourself and find a place to write	23. Take a pottery class
24. Buy a bouquet of flowers and hand them out to strangers	25. Leave an anonymous note of encouragement
26. Go stargazing	27. Do a cold plunge